

## Dental Implants

### Arnica Dental Implant Centre

Arnica Dental Care specialises in the placement of single and multiple dental implants including the revolutionary All-On-Four procedure that gives patients a complete upper and/or lower set of permanently-fixed, natural-looking and functioning teeth in a day!

### What are dental implants?

Rather than resting on the gum line like removable dentures or using adjacent teeth as anchors like fixed bridges, dental implants are long-term permanent replacements that we surgically place into the jawbone. The implants are titanium screws that fuse to the jawbone and attached to them are specially sculpted crowns and dentures that look, feel and function like real teeth.

Dental implants have been placed by dental professionals for over 40 years and are now regarded as the de-facto tooth replacement procedure available.

### The key benefits of dental implants

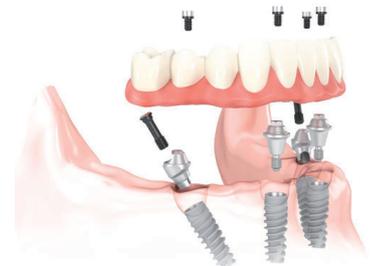
Dental implants look and function like natural teeth.

Dental implants provide stability and comfort with no adjustment necessary after placement.

Dental implants are permanent and unlike dentures they don't have to be removed at night for cleaning.

Dental implants help to maintain natural bone by minimising further bone loss due to inactivity because bone is stimulated by being in contact with teeth used to chew.

With proper care and good oral hygiene, dental implants can last a lifetime.



Dental implants are less invasive than other methods of replacing missing teeth such as bridges as healthy adjacent teeth do not require modification such as grinding down.

Dental implants improve dental hygiene as they are better fitting and therefore easier to clean.

Dental implants can replace a single tooth, several teeth or complete dentures via the All-on-Four procedure.

## The dental implant procedure

The dental implant procedure at Arnica minimises discomfort and maintains good oral appearance throughout the treatment.

### Step 1 – Initial consultation

Dr Ledger and Dr Bailey would be delighted to meet you at the practice for a FREE initial no-obligation chat to discuss the dental implant procedure, its implications and its benefits in more detail.

### Step 2 – Examination

We always carry out a detailed oral examination including x-rays to determine the position for placing the dental implant into the jaw bone. Often we'll take an impression of your current teeth and jawbone to properly plan location, size and shape of the replacement teeth or crowns.

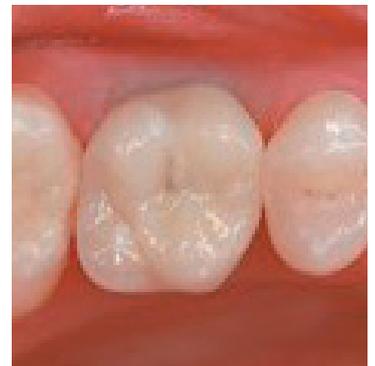
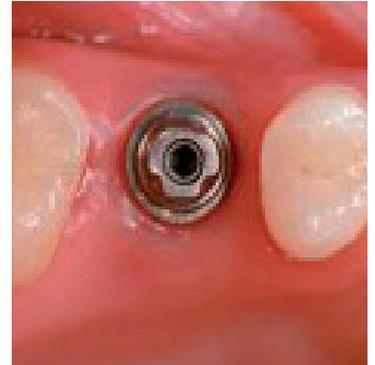
### Step 3 – Simple surgical procedure

Dental implants are placed into the jawbone under local anaesthetic or light sedation. The implants are left for 3 to 6 months while osseointegration (bonding to bone) takes place, helping ensure a strong, solid foundation for the replacement teeth or crowns. During this time, temporary bridges or dentures may be used to minimise any cosmetic or chewing inconvenience.

### Step 4 – Natural-looking replacement teeth

Our award winning laboratory will create perfectly natural looking teeth which we will then attach to the anchored implant(s) in your jaw.

We use the Nobel Biocare Procera system, which is widely recognised as one of the best dental implant systems in the world.



Making your treatment more  
**affordable**

## Why choose Arnica Dental Care dental implants

### Reputation for exceptional quality treatment and care

We are very proud of the fact that over 80 dentists refer patients to Arnica for complex surgical procedures such as dental implants in particular All-on-4 dental implants.

### Highly qualified, experienced dental implant team

**Dr. Ellie Ledger** (pictured) is one of only a handful of private dentists in the region with experience of complex surgical procedures such as maxillofacial surgery!

Ellie worked in the A&E departments of both Cheltenham and Gloucester hospitals performing complex surgical procedures such as completing partial facial reconstructions for patients suffering serious traumas as a result of, for example, road traffic accidents.

As one of the most experienced dental implant dentists in the region Ellie has been placing dental implants at Arnica since 2004.

**Dr Guy Bailey** is a dual qualified doctor and dentist and gained five years of postgraduate hospital experience in plastic surgery, orthopaedic surgery, ENT surgery, emergency medicine and maxillofacial surgery.

### Remaining up-to-speed with the latest techniques

Ellie, Guy and the team undergo continual professional training and familiarisation with the very latest tried and tested dental implant techniques.

### Pain-free, stress-free dental treatment

Arnica also specialises in treating nervous, anxious and even dental phobic patients and is one of only a few practices qualified to administer powerful intravenous (IV) and inhalation (IS) sedation to minimise discomfort and pain during treatment.

### Exceptional-quality materials

Unlike many practices that offer budget implants, we never compromise on the quality of our materials as we feel that long-term comfort, performance and reliability are essential to your oral health and wellbeing.

Arnica uses Nobel Biocare dental implant systems, components and materials that are manufactured to an exceptional standard and are very reliable i.e. easy to place and unlikely to fail.

