# arnica dental care



## Restore a beautiful, natural smile and full oral function in a single day!

The All-on-4 technique restores your natural smile and oral function in a single day by placing a complete row (upper and/or lower) of permanent, natural-looking, fullyfunctioning teeth using only four implants.

#### How does it work?

All-on-4 works by placing two of the four implants at such an angle that the bridge is supported by the bone at the front of the mouth where the jawbone is denser and stronger, without risk of nerve damage.

**First stage:** Dental implants are placed with a provisional fixed bridge avoiding the need to wear a denture in the healing phase. This usually includes the extraction of any remaining teeth.

**Second stage:** After a healing period of 4 - 6 months the provisional bridge will be upgraded to the final bridge, which is made from acrylic or porcelain.

#### Benefits of All-on-4 dental implants

All-on-4 dental implants are permanent therefore there is no need for dental adhesive and the removal of dentures for cleaning or night time comfort.

Because All-on-4 dental implants function like naturally rooted teeth, permanent dentures will look feel and function like the real thing.

Because the All-on-4 dental implant technique uses only four dental implants to achieve a permanent upper or lower set of teeth, these can be fitted in one operation rather than a series of appointments over a period of months.

For nervous or anxious patients the fact that the All-on-4 procedure is a lot quicker is an advantage as there is far less surgery involved.







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The All-on-4 dental implant procedure places implants in such a way as to take advantage of stronger bone at the front of the jaw, there is usually no need for bone grafting, which is invasive, time consuming and costly.

Unlike removable dentures dental implants are stable, durable and long lasting, giving patients near-perfect oral functionality in terms of chewing food, maintaining oral hygiene and general self-esteem.

Ultimately, All-on-4 allows patients to forget that the teeth in their mouth are not their natural teeth.

## Why put your trust in Dr Ellie Ledger?

#### One of the regions' most experienced dental surgeon

Dr. Ellie Ledger (pictured) is one of only a few dentists in the region with experience of complex surgical procedures such as maxillofacial surgery!

Ellie worked in the A&E departments of both Cheltenham and Gloucester hospitals, performing complex surgical procedures such as completing partial facial reconstructions for patients suffering serious traumas as a result of, for example, road traffic accidents.

#### All-on-4 masterclasses

Ellie has attended further All-on-4 masterclasses with the pioneer of the All-on-4 procedure Dr. Paulo Malo at the Malo Clinic in Lisbon.

#### Exceptional success rate

Ellie has maintained an exceptional success rate since her first All-on-4 procedure in 2008.

#### Trusted by other 'referral' dentists

Ellie is one of the most frequently referred-to dentists in the region with over 80 regional dentists referring patients to Arnica for complex surgical procedures including the All-on-4 technique. Referral dentists trust Ellie to achieve the best All-on-4 dental implant results for their patients.

#### Pain-free, stress-free treatment

Arnica Dental Care is the region's leading dental sedation practice treating nervous, anxious and dental-phobic patients using powerful conscious sedation techniques.

Ellie and her nurses are qualified to administer both intravenous (IV) and inhalation (IS) sedation to minimise pain and stress.









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### High-quality reliable implant systems

Ellie uses Nobel Biocare dental implant systems, components and materials that are manufactured to an exceptional standard and are very reliable i.e. easy to place and unlikely to fail.

# Natural-looking, perfectly-fitting replacement teeth made by Arnica's specialist technicians

Rather than manufacturing the bridge (replacement teeth) in-house, we get the best results for our patients by using one of our carefully-selected, tried and tested UK-based specialist technicians. To ensure the perfect fit our dental technicians are always in attendance during the initial surgery and fitting of the provisional bridge.

### Centre of Excellence

Few dental practices can claim to be a Centre of Excellence. Arnica provides leadership, best practices, research, support and/or training in several focus areas. Dr Leah Adams is a clinical lecturer in conscious sedation and has put Arnica at the forefront of treating nervous anxious and dental-phobic patients. Arnica is one of only a handful of dental practices in the region offering All-on-4 and Zygomatic dental implants. Arnica also provides a referral service to over 80 regional dental practices.

### Call now for a free initial consultation

Call 01242 655554 now for a FREE informal no-obligation consultation with Dr Ledger who will discuss the All-on-4 technique with you and answer any questions that you might have.

Ellie will also discuss dental sedation and how we will ensure you feel relaxed, comfortable and virtually pain and stress-free.





