

let us brighten up your smile

Key Info Invisalign invisible braces



Why choose Invisalign invisible braces?

Transform your smile and keep living the life you love, with virtually invisible, comfortable, clear aligners that have little or no negative impact on your lifestyle.

The benefits of Invisalign braces include:

- · Almost invisible!
- Removable
- No brackets or wires
- Few food restrictions
- Live a normal life
- Gently transforms your smile

Why choose Arnica for Invisalign Invisible braces

We think it's essential that you choose an Invisalign dentist you can trust to deliver the best results. It's good idea to talk to at least three providers and choose the one you trust most. Here's why we think we should be on your list:

Goldie Songra, Orthodontic Consultant, is our clinical lead for Orthodontic (teeth straightening) treatment here at Arnica. He is one of the most qualified and experienced orthodontists in the region. See for yourself and have a quick look at his biog on our website's 'Meet the Team' page.

- Arnica is an Invisalign Gold Provider
- Highly qualified, experienced UK-trained clinical team
- Reputation for exceptional results (over 100 referral dentists trust us with their patients)
- · We're specialists at minimising anxiety and discomfort
- · We've just won another award for 'Best treatment of nervous patients'
- · Interest free finance (see below)













What are Invisalign invisible braces?

Invisalign is an advanced orthodontic system using transparent aligners (braces) to straighten teeth. Unlike normal, unattractive braces they are made from smooth, clear plastic and are comfortable, removable and virtually invisible.

How do they work?

Invisalign invisible braces work by gently and discreetly putting pressure on your teeth to align them, resulting in straighter, evenly spaced teeth. The process involves:

- · An Invisalign assessment to identify which option is best for you
- Digital scan or impressions of your teeth and gums to produce a digital treatment plan
- ClinCheck® 3D digital treatment plan
- · A series of computer generated aligners to realign your teeth
- · Retainers to wear when convenient (e.g. when in bed)
- Trays for on-going teeth whitening (if required)

Invisalign options at Arnica

Invisalign® Full/Teen

Invisalign® assessment and consultation (free of charge) Impressions appointment (deposit of £300 required) ClinCheck® and treatment plan appointment Additional SmartTrack® aligners Additional attachment points (if required) Aligner fit appointment Up to 10 review appointments Midterm reassessment & refinement (if required) Impressions for retainers appointment Vivera® retainers fit appointment Three Vivera® retainers (per arch)

Invisalign® Full/Teen fees (including £300 deposit)

£4,450











Invisalign® Lite

Invisalign® assessment and consultation (free of charge) Impressions appointment (deposit of £300 required) ClinCheck and treatment plan appointment Up to 14 SmartTrack aligners Aligner fit appointment Up to eight review appointments Midterm reassessment & refinement (if required) Impressions for retainers appointment Vivera retainers fit appointment Three Vivera retainers (per arch)



Invisalign Lite fees (including £300 deposit)

£3,450

Invisalign ITero intraoral scanner

Arnica Dental Care is a Digital Impression Practice using the best in class iTero[®] Intraoral Scanner

Invisalign invisible braces require impressions. The iTero is a state-of-the-art digital impression system that eliminates the need for traditional impressions which are messy, uncomfortable and stressful.

- More comfortable
- · No mess, no smell, no gagging
- Takes 5 minutes rather than 20
- · Better results
- · View the treatment simulation with your dentist
- · Start treatment sooner

Invisalign Q&A

How does Invisalign straighten my teeth?

Invisalign aligners move teeth through a series of carefully controlled movements. Unlike traditional braces, Invisalign treatment not only controls the amount of movement that each aligner delivers, but also the timing of the movement. So, at each stage, only certain teeth can move, following the Invisalign treatment plan for that particular stage. This results in an efficient force delivery system.

How long does the Invisalign treatment take?

The time taken depends on the complexity of the treatment and is generally comparable to that of traditional braces. Contact us for more detailed information.









How often do I need to see my Invisalign dentist once I have started treatment?

Patients typically visit their Invisalign Provider every 6 to 8 weeks to ensure the treatment is progressing as planned, and to receive their next few sets of Invisalign aligners, but this may vary.



Can Invisalign treatment close gaps?

Yes. Spaces between teeth are generally easy to close with Invisalign.

What are aligners made of and what do they look like?

The virtually invisible aligners are made of strong medical grade thermoplastic material, uniquely developed for the Invisalign® System. The aligners are custom-made for you and fit snugly over your teeth.

Once Invisalign treatment is complete is a retainer necessary?

Wearing a retainer after any orthodontic treatment is an important step, because it keeps teeth stable in their new positions. If you want your teeth to remain in their ideal position, it's best to wear a retainer as directed by an Invisalign Provider. In many cases your last aligner will be your temporary retainer, until your retention option is determined.

Does the procedure work on overbites?

Yes, we can use Invisalign to treat overbites in the vast majority of adults and adolescents.

Are bridges a factor in Invisalign treatment?

Because bridges firmly link two or more teeth together, they offer significant resistance to tooth movement. Contact us for information about whether bridges will be a factor in your treatment.

Are crowns an issue in Invisalign treatment?

Crowns (tooth caps) are usually not an issue in Invisalign treatment. However, sometimes in Invisalign treatment small tooth-coloured composites called 'attachments' are bonded onto teeth to help achieve certain movements, and these are more difficult to bond on crowns than on teeth. In these cases, the location of the crowns needs to be carefully evaluated.







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I am currently wearing braces. Can I make the switch to Invisalign treatment?

A significant number of patients are being treated with a combination of braces and the Invisalign System. Consult us to work out the best treatment for you.

Is the Invisalign treatment painful?

Some people may experience temporary, minor discomfort for a few days when they insert a new aligner at the beginning of each new stage of treatment. This is normal and is typically described as a feeling of pressure. It's a sign that the aligners are working and it usually goes away in a couple of days.

Interest-Free, the smart way to pay for Invisalign Braces

Don't let finance prevent you from enjoying the benefits of a beautiful natural smile. Spread the cost with our interest free and interest bearing finance options on treatments between £500 and £50,000

Benefits to you of our affordable finance options:

- · Make treatment instantly affordable by allowing you to spread the cost
- · Greater choice of treatments, so you can choose the one perfect for you
- Payment terms that are best suited to your financial circumstances
- No up front deposit option, so you can avoid dipping into your savings or having to find a lump sum to start your treatment
- · Makes treatment more affordable by allowing you to spread the cost

For more information about our interest-free and interest bearing finance options please phone 01242 65554 and speak to one of our receptionists.

(Please note that finance should not be taken out before your treatment plan has been finalised/signed off by your dentist.)

Call us today

Book a free of charge consultation with Invisalign specialists Goldie Songra or Toby Mitchell-Innes

Call 01242 655554 and speak to Karen, Rachel, or Sharon









